



## Trainer

### **Karl Wegmaier, MBA**

Business consultant, life and social consultant, business and teaching coach, business and mental coach, wingwave coach and instructor, DiSC certified trainer

### **Corinna Ladinig, MBA**

Trainer & Coach, LSB & Management Consultant, Organization Creator, wingwave Trainer & Coach, Process & Embodiment Focused Psychology Coach (PEP) M.Bohne

### **Target groups**

The four-day training in wingwave coaching is aimed at professional counselors, trainers, therapists, physicians, life and social counselors and coaches. It is an additional training to a completed NLP, coaching or advisor training, for graduates of communication psychology, psychotherapy or comparable degrees of at least 130 hours.

### **Requirements**

Training as a coach, life and social counselor, mental coach, NLP practitioner, or similar

### **Dates 2020 on Lanzarote:**

**Winter: 20.01. – 23.01.2020**

**Summer: 11.08. – 14.08.2020**

### **Place:**

Puerto del Carmen

Status: 18.11.2019

## Course to become certified wingwave - coach

### **Achieve success through wingwave-coaching**

Obtain peak performance through:

- Concise success coaching
- Creative dynamics
- Inner balance

To reach your personal and professional goals, use wingwave coaching, an approved short-term-coaching-concept, which combines established and well researched psychologic coaching elements. wingwave is not a form of psychotherapy and is no substitute thereof. It is not meant to cure mental illnesses that should be handled by a medical professional. A client's normal ability to handle psychological and physical stress is a precondition for this type of coaching.

### **Benefit**

wingwave coaching is perfect for all areas in life that are connected with stressful memories of past experiences or negative emotions regarding future events. Limiting thinking and behavioral patterns can easily be transformed and mental blocks resolved. You will learn how to effectively access your capabilities and resources whenever you need them.

### **We combine:**

- Bilateral hemisphere stimulation, through "awake" REM phases (Rapid Eye Movement), auditory or tactile left-right input
- Neuro-Linguistic Programming
- Myostatic Test (muscle response test to evaluate the effectiveness of the process)

### **Objective of the training**

Participants can confidently use the wingwave method. Upon completion, you can use wingwave as an efficient and effective adjunct to your existing methods. You gain security in the methodology through extensive exercises and personal experiences. wingwave is not a form of psychotherapy and is no substitute thereof. It is not meant to cure mental illnesses that should be handled by a medical professional. A client's normal ability to handle psychological and physical stress is a precondition for this type of coaching.

### **Graduation**

Certificate of the CTC-Academy OG and Coach Contract Besser-Siegmund-Institut Hamburg - 90% attendance obligation

### **Duration:**

4 days from 09:30-18:00

### **Your investment:**

€ 1.500, - plus 20% VAT (including seminar documents, refreshments and snacks, photo protocol)

### **Information and registration at:**

[www.ctc-academy.at/lehrgaenge/wingwave-coach](http://www.ctc-academy.at/lehrgaenge/wingwave-coach)

[www.wingwave-academy-wien.at](http://www.wingwave-academy-wien.at)